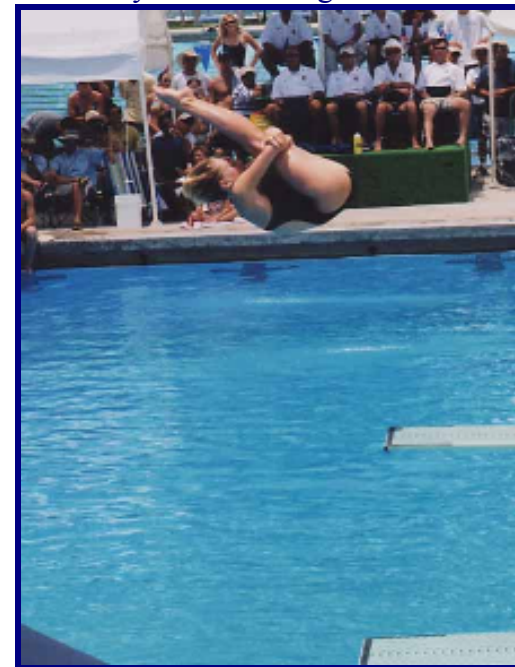


The American School for Diving Fall Diving League

Boys and Girls Ages 6 – 18



September – November

Flip, Twist, Jump and Spin
in our gym and at the pool.

215-1722

www.divingwithdrew.com

September Schedule

Tuesday	Thursday	Saturday
	September 3 Pool Practice 4:45-5:45 6:00- 7:00	September 5 Gym Practice 12-1pm
September 8 Pool Practice 4:45-5:45 6:00- 7:00	September 10 Pool Practice 4:45-5:45 6:00- 7:00	September 12 Gym Practice 12-1pm
September 15 Pool Practice 4:45-5:45 6:00- 7:00	September 17 Pool Practice 4:45-5:45 6:00- 7:00	September 19 Gym Practice 12-1pm
September 22 Pool Practice 4:45-5:45 6:00- 7:00	September 24 Pool Practice 4:45-5:45 6:00- 7:00	September 26 Gym Practice 12-1pm
September 29 Pool Practice 4:45-5:45 6:00- 7:00		

October Schedule

	October 1 Meet @ Duke 5:30 -7:30	October 3 Gym Practice 12-1pm
October 6 Pool Practice 4:45-5:45 6:00- 7:00	October 8 Pool Practice 4:45-5:45 6:00- 7:00	October 10 Gym Practice 12-1pm
October 13 Pool Practice 4:45-5:45 6:00- 7:00	October 15 Meet @ Duke 5:30 -7:30	October 17 Gym Practice 12-1pm
October 20 Pool Practice 4:45-5:45 6:00- 7:00	October 22 Pool Practice 4:45-5:45 6:00- 7:00	October 24 Gym Practice 12-1pm
October 27 Pool Practice 4:45-5:45 6:00- 7:00	October 29 Meet @ Duke 5:30 -7:30	October 31 Gym Practice 12-1pm

November Schedule

November 3 Pool Practice 4:45-5:45 6:00- 7:00	November 5 Pool Practice 4:45-5:45 6:00- 7:00	September 26 Gym Practice 12-1pm
November 10 Pool Practice 4:45-5:45 6:00- 7:00	November 12 Meet @ Duke 5:30 -7:30	September 26 Gym Practice 12-1pm
November 17 Pool Practice 4:45-5:45 6:00- 7:00	November 19 Pool Practice 4:45-5:45 6:00- 7:00	

Saturday November 21

Fall Diving League Championships
1:00 – 4:00 @ Duke University

Registration

Name: _____ Address: _____ Age: _____

City: _____ State: _____ Zip: _____ Phone: _____ DOB: _____

Parents Name: _____ Home Phone: _____ Work/Cell: _____

Parents Email: _____ Payment \$ _____ for _____ Months of Diving.